

- Are you part of a church or faith community that's doing racial justice work? If they're not, get it started!.
- Don't let people talk shit about Black- or Brown-majority schools in your presence.
- Find BIPOC health care providers for yourself and your family.
- Push for prioritizing investment from housing down to food purchasing in BIPOC communities, with the understanding that it has always been prioritized for white men.



- Make sure your book club reads books by BIPOC writers.
- Talk to your neighbors, both housed and unhoused.
- Do you know about mutual aid? Are there any mutual aid projects in your community? If so, support them. If not, consider starting one.
- ➡ If you're white, learn how to organize other white people to take action without being righteous know-it-alls.



- Send your kids to public school and help your local schools get the resources they need.
- ★ Keep extra cash and supplies (bottled water, hotel soaps and shampoos, clean socks, packaged snacks) in your car to share with unhoused community members in need.
- Find opportunities for your children to play and learn with a diverse group of children. Bias starts at an early age, but so do acceptance and love.
- Offer to provide childcare for a parent so they can show up and do the work.
- ➡ Talk with and listen to people who don't agree with you. Host a community "skill share" event and take turns teaching each other useful skills.
- Extra fruits and veggies from your garden?
  Share with your neighbors.

- Greet community members in the languages they speak.
- ⇒ Start a Little Free Library and stock it with antiracist literature and books by BIPOC authors. Bonus if you make it a food pantry, too!
- ⇒ Facilitate ways for people in prison to gain literacy. Illiteracy rates in prisons are 75 percent, and it's near-impossible to navigate the post-prison world without reading and writing skills.
- ⇒ Volunteer with a local organization that supports unhoused people.
- Attend local city council meetings. Who else is showing up? Whose voices are the loudest? Who's already doing the work you want to be doing?
- Attend and fund local community celebrations and commemorations such as Lunar New Year, Juneteenth, Day of Remembrance, and Día de los Muertos.
- Ask Black-led organizations how you can help and then do what they say!
- ⇒ Join your local chapter of SURJ (Showing Up for Racial Justice).
- ⇒ Use your special skills! Cook for an event. Host a fundraiser. Offer legal or tech support services to activist organizations. Donate pro bono care work, therapy, or legal advice to BIPOC-led orgs.
- ⇒ Give reparations. Put aside \$20-\$100 a month and contribute to a GoFundMe, DonorsChoose, or other fundraiser started by Black folks.
- Start a giving circle.
- □ Volunteer for the campaigns for local officials and ballot initiatives that you support.
- ⇒ Review the diversity statement of any organizations in which you participate. Does the org's reality reflect the values it expressed in the statement? Is it actively antiracist?

- ⇒ Join the diversity and inclusion group at your work. If there isn't one, get it started.
- Are you involved in hiring? Recruit from historically Black colleges and universities.
- Do you sit on a corporate, nonprofit, or arts board? Don't confirm any additional white board members.
- Refuse to be on all-white or all-male panels.
- → Planning a protest or public action? Make sure it's designed with disabled people in mind.

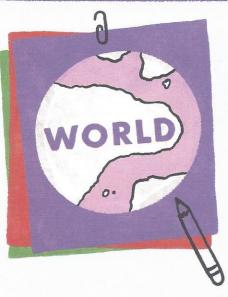


- □ Offer to run errands for neighbors who might appreciate the support, including single parents and the elderly.
- Advocate for pay equity within your field or company. Make sure interns get paid!
- ⇒ Give away what you don't use! Sites like Freecycle help reduce waste and encourage reuse and sharing.









Do research for crowd-sourced genealogy groups that help the descendants of enslaved people find their

ancestors and family history.

- □ Write your representatives and tell them to end qualified immunity of police.
- ⇒ Outraged by a news story? Use the internet to find onthe-ground organizations already working on it. Do and share what they say.

- ⇒ Fight voter suppression with grassroots organizations in your state or national groups such as Fair Fight Action or Black Voters Matter.
- ⇔ Campaign and raise money for the progressive candidates you believe can make change in your city, county, and state.
- ☐ If something you care about isn't getting the attention it deserves, write a proposed policy, form a coalition around it, and take it to your city council, school board, or state capitol.
- Pay attention to global events.
- ⇒ If you use social media, follow people from other countries who are doing work that aligns with your interests.

- ⇒ Start with the desired outcome and work backward to find your role in making it real.
- Choose a few respected newspapers from major cities in other countries and read them regularly.
- ⇒ VOTE!
- Run for office! From the school board to the Senate, consider a campaign.
- ⇔ Check in regularly with

  Black and brown leaders in trans, disability

justice, climate justice, and fat liberation communities. Support their needs!



Who's going to help you do this work? List THREE people you want to share ideas with.

